# Montana Pediatric Interfacility Consultation/Transfer Guidelines

Certain types of severely ill or injured children may require specialized pediatric critical care services or specialized trauma services that are not generally available in local hospitals.

Decisions on when to seek consultation or to transfer pediatric patients need to be individualized, based on local needs and resources. However, children with certain categories of critical illness and injury are at high risk of death and disability. Early consultation with appropriate pediatric critical care or trauma specialists and rapid transport to specialized referral centers, when indicated, can improve the outcomes for these children. In particular, consultation should be sought for pediatric medical, surgical, and trauma patients who require intensive care when it is not locally available.

The attached guidelines can be used by physicians and hospitals to identify the types of critically ill or injured children who might benefit from consultation with critical care or trauma specialists or transfer to specialized referral centers. It is recommended that hospitals and their medical staffs develop appropriate policies, procedures and staff education programs based on these guidelines. This will help to promote consultation, minimize delays, and facilitate appropriate, rapid and efficient transport of critically ill and injured children to specialty centers, when indicated.

The following guidelines are intended to assist physicians and hospitals to identify the types of critically ill and injured children who might benefit from consultation with pediatric critical care specialists or trauma specialists and transfer to specialized pediatric critical care or trauma centers, when indicated. If an interfacility transport is required, the referring physician, in consultation with the receiving physician, should determine the method of transport and appropriate personnel to accompany the child.

Consultation with pediatric medical and surgical specialists at a pediatric tertiary care center or trauma specialists at a trauma center should occur as soon as possible after evaluation of the patient. It is recommended that each hospital and its medical staff develop appropriate emergency department and inpatient guidelines, policies, and procedures for obtaining consultation and arranging transport, when indicated, for the following types of pediatric medical and trauma patients.

## I. Guidelines For Interfacility Consultation And/Or Transfer For Evaluation Of Pediatric Medical Patients (Non-Trauma)

- A. Physiologic Criteria
  - 1. Depressed or deteriorating neurologic status.
  - 2. Severe respiratory distress responding inadequately to treatment and accompanied by any one of the following:
    - a. Cyanosis.
    - b. Retractions (moderate to severe).
    - c. Apnea.
    - d. Stridor (moderate to severe).
    - e. Grunting or gasping respirations.
    - f. Status asthmaticus
    - g. Respiratory failure
  - 3. Children requiring endotracheal intubation and/or ventilatory support.
  - 4. Serious cardiac rhythm disturbances.
  - 5. Status post cardiopulmonary arrest.
  - 6. Heart failure.
  - 7. Shock responding inadequately to treatment.
  - 8. Children requiring any one of the following:
    - a. Arterial pressure monitoring.
    - b. Central venous pressure or pulmonary artery monitoring.
    - c. Intracranial pressure monitoring.
    - d. Vasoactive medications.
  - 9. Severe hypothermia or hyperthermia
  - 10. Hepatic failure.
  - 11. Renal failure, acute or chronic requiring immediate dialysis.

### B. Other Criteria

- 1. Near drowning with any history of loss of consciousness, unstable vital signs or respiratory problems.
- 2. Status epilepticus.
- 3. Potentially dangerous envenomation.
- 4. Potentially life threatening ingestion of, or exposure to, a toxic substance.
- 5. Severe electrolyte imbalances.
- 6. Severe metabolic disturbances.
- 7. Severe dehydration.
- 8. Potentially life-threatening infections, including sepsis.
- 9. Children requiring intensive care.
- 10. Any child who may benefit from consultation with, or transfer to, a Pediatric Critical Care Center.

## Guidelines For Interfacility Consultation And/Or Transfer For Evaluation Of Pediatric Trauma Patients

- A. Physiologic Criteria
  - 1. Depressed or deteriorating neurologic status.
  - 2. Respiratory distress or failure.
  - 3. Children requiring endotracheal intubation and/or ventilatory support.
  - 4. Shock, compensated or uncompensated.
  - 5. Injuries requiring any blood transfusion.
  - 6. Children requiring any one of the following:
    - a. Arterial pressure monitoring.
    - b. Central venous pressure or pulmonary artery monitoring.
    - c. Intracranial pressure monitoring.
    - d. Vasoactive medications.

#### B. Anatomic Criteria

- 1. Fractures and deep penetrating wounds to an extremity complicated by neurovascular or compartment injury.
- 2. Fracture of two or more major long bones (ie femur, humerus).
- 3. Fracture of the axial skeleton.
- 4. Spinal cord or column injuries.
- 5. Traumatic amputation of an extremity with potential for replantation.
- 6. Head injury when accompanied by any of the following:
  - a. Cerebrospinal fluid leaks.
  - b. Open head injuries (excluding simple scalp injuries).
  - c. Depressed skull fractures.
  - d. Decreased level of consciousness.
- 7. Significant penetrating wounds to the head, neck, thorax, abdomen or pelvis.
- 8. Major pelvic fractures.
- 9. Significant blunt injury to the chest or abdomen.

### C. Other Criteria

- 1. Children requiring intensive care.
- 2. Any child who may benefit from consultation with, or transfer to, a Trauma Center or a Pediatric Critical Care Center.
- D. Burn Criteria (Thermal or Chemical) Contact should be made with a Burn Center for children who meet any one of the following criteria:
  - 1. Partial thickness burns of greater than 10% total body surface area (TBSA).
  - 2. Third degree burns in any age group.
  - 3. Burns involving:
    - a. Signs or symptoms of inhalation injury.
    - b. Respiratory distress.
    - c. The face
    - d. The ears (serious full-thickness burns or burns involving the ear canal or drums).
    - e. The mouth and throat.
    - f. The hands, feet, genitalia, major joints or perineum.
  - 4. Electrical burns (including lightning injury).
  - 5. Chemical burns.
  - 6. Burns associated with trauma or complicating medical conditions.
  - 7. Burned children in hospitals without qualified personnel or equipment for the care of children.
  - 8. Burn injury in children who will require special social, emotional, or long term rehabilitative intervention.

## **HOSPITAL CONTACT FOR CONSULTATION / REFERRAL**

Name of Hospital	Phone Number
Emergency Department Phone Number	
Pediatric Medical Director	Phone Number
Name of Hospital	Phone Number
Emergency Department Phone Number	
Pediatric Medical Director	Phone Number
Name of Hospital	Phone Number
Emergency Department Phone Number	
Pediatric Medical Director	Phone Number